



BEAUTY isn't measured in lbs.











I WON'T QUIT BUT I WILL CUSS THE WHOLE TIME \$%&#@! stop wishing. Start doing.





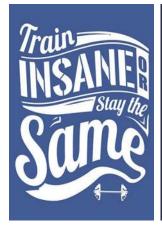
I'M HERE TO SWEAT, NOT TALK.



GO AFTER

WHAT YOU

DESERVE



THE ONLY TIME I EVER REACHED MY FITBIT GOAL WAS THE DAY I GOT LOST IN IKEA



SWEAT OR REGRET

