THE SCALE DOESN'T
MEASURE SEXY

SKINNY GIRLS Look good in Clothes. FIT GIRLS Look good Naked.

BEAUTY isn't measured in lbs.





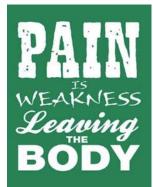








stop wishing. Start doing.





I'M HERE TO SWEAT, NOT TALK.







THE ONLY TIME I EVER REACHED MY FITBIT GOAL WAS THE DAY I GOT LOST IN IKEA



SWEAT OR REGRET

